



ARTICLES

1. Jan. 29, 2017 "Marching Forward, We Keep Control" http://www.roanoke.com/opinion/commentary/rasoul-marchingforward-we-keep-control/article_ba0030e2-73c9-5009-a8a1-0bf48be81461.html
2. Nov. 23, 2016 "Winning Elections: The Science of Trust" <http://bluevirginia.us/2016/11/winning-elections-science-trust>
3. Oct. 20, 2016 "Hatred of Clinton and Trump is Lazy" http://www.roanoke.com/opinion/commentary/rasoul-hatred-ofclinton-and-trump-is-lazy/article_4fc307c4-ed70-5e69-aa56-7d05de625022.html
4. June 25, 2016 "Business, Now Politics Disrupted by Shared Value" <https://www.linkedin.com/pulse/business-now-politicsdisrupted-shared-value-sam-rasoul?trk=prof-post>
5. June 26, 2016 "Trump is Dems' Worst Nightmare" http://pilotonline.com/opinion/columnist/guest/sam-rasoul-trump-isdems-worst-nightmare/article_33c4973e-5ece-5181-a2c5-786efa30e194.html
6. June 25, 2016 "EQ, not IQ, Best Predictor of Success" <https://www.linkedin.com/pulse/eq-iq-best-predictor-success-samrasoul?trk=prof-post>
7. October 18, 2015 "The Millennial Mind – Neither Party Gets It" http://www.richmond.com/opinion/their-opinion/guestcolumnists/article_908e43da-b142-5fdc-8200-684fdacce102.html

SELF ASSESSMENT

Travis Bradberry and Jean Greaves, *Emotional Intelligence 2.0*

Emotional Intelligence 2.0 delivers a step-by-step program for increasing your emotional intelligence using the four core EQ skills—self-awareness, self-management, social awareness, and relationship management—to exceed your goals and achieve your fullest potential. The book includes an access code to assess your EQ and how to interpret your results. Read more on the assessments here: <http://downloads.mhs.com/eqi/EQi-Launch-Kit.pdf>

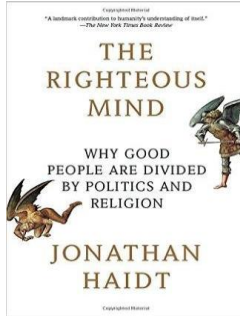
Tom Rath, *StrengthsFinder 2.0*

Align yourself with the right tasks by identifying your strengths. "When we're able to put most of our energy into developing our natural talents, extraordinary room for growth exists" (Rath 2007).

BEGINNER'S GUIDE FOR RUNNING FOR OFFICE

If you are interested in running for office in Virginia, then check out our document, Virginia Government 101. In this document, you will find information on candidate requirements, steps to getting on the ballot, campaign finance, and resources available to you through the government. Check out the document here: [How to Become an Elected Official.pdf](#)

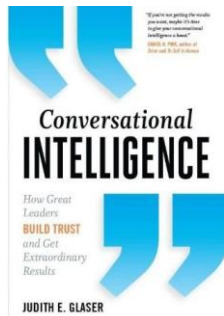
GOOD READS



Jonathan Haidt, *The Righteous Mind: Why Good People are Divided by Politics and Religion*

"Haidt argues that people are fundamentally intuitive, not rational. If you want to persuade others, you have to appeal to their sentiments... Politics isn't just about manipulating people who disagree with you. It's about learning from them." – William Saletan New York Times

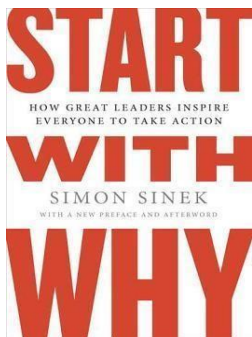
Read Full Summary here: <http://www.nytimes.com/2012/03/25/books/review/the-righteous-mind-by-jonathan-haidt.html>



Judith Glaser, *Conversational Intelligence: How Great Leaders Build Trust and Get Extraordinary Results*

"Conversations are the golden threads that enable us to move toward and trust others but these threads can also unravel causing us to run from others in fear of loss and pain... 'to get to the next level of greatness depends on the quality of our culture, which depends on the quality of relationships which depends on the quality of our conversations. Everything happens through conversations.'" – Srinath Ramakrishnan Wordpress

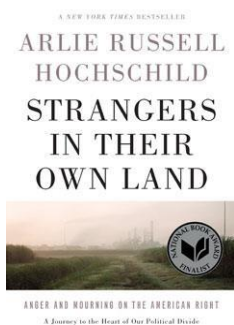
Read Full Summary here: <https://srinathramakrishnan.files.wordpress.com/2016/07/brief-summary-of-conversational-intelligence.pdf>



Simon Sinek, *Start with Why: How Great Leaders Inspire Everyone to Take Action*

"Those who are able to inspire give people a sense of purpose or belonging that has little to do with any external incentive or benefit to be gained. Those who truly lead are able to create a following of people who act not because they were swayed, but because they were inspired." – Kim Hartman Copywriter Storyteller

Read Full Summary here: <http://www.pearsonandassociates.co.uk/uploads/files/start-with-why-by-simon-sinek.pdf>



Arlie Russell Hochschild, *Strangers in Their Own Land: Anger and Mourning on the American Right*

"Author Arlie Hochschild asks the question, how does the world look from the heart of the right?... She finds common ground with the people she meets—among them a Tea Party activist whose town has been swallowed by a sinkhole caused by a drilling accident—people whose concerns are ones that all Americans share: the desire for community, the embrace of family, and hopes for their children." – The New Press

Read Short Synopsis here: <http://thenewpress.com/books/strangers-their-own-land>

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